



# Fitness Test (FT) Event Standard Update

The FT Event Standard field has been configured to automatically default to "Sea Level" for all new entries. This change:

- ✓ Streamlines data entry
- ✓ Reduces Manual Errors
- ✓ Improves user efficiency



*This change does not apply to the Combat Fitness Test (CFT).*



## How It Works



CFL/ACFL conducts the PRT (FT).



CFL/ACFL adds FT Date, Participation Status, and Event Standard.

Save

CFL/ACFL adds event performed values and saves information.



## Step-by-Step in PRIMS

1

In the **Sailor's Fitness Tests** tile, select the **FT** drop-down list and select **Edit**.

2

Select the **FT Date** and the **FT Participation Status**.



*Change the FT Event Standard to USMC or High Elevation as required.*

3

Type all FT performed values, then select **Save**.

*Note: A green banner displays indicating the FT was created.*



*Refer to Guide-5A for more information relating to the FT.*

[Guide 5A: Physical Readiness Test \(PRT\)](#)

